

sounds in a circle

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Passing sounds around a circle is fun. There are many ways of doing this.

One Sound

Start by passing one sound around. Aim for accuracy always. Sometimes the simplest sounds are the hardest; for instance, a single clap. Try to clap your hands exactly as the previous person has done, producing the same sound. Notice how much the clap varies, due to the different sizes of people's hands and the energy exerted.

Many Sounds

A number of people make interesting sounds (words, vocables, body sounds), and they are passed around the circle simultaneously. Start with two or three, then add some more. Try not to lose any of the sounds. This will require a lot of concentration and a rule: Never utter a sound until the person you are passing it to is ready to receive it. How many sounds can you get circulating at once without losing them?

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